



CUSTOM

Custom Saunas

Full Spectrum and Far Infrared
Sauna Solutions

An architecturally integrated wellness space.



ELEVATE



Sunlighten Custom Infrared Sauna Solutions

Elevate your home and your health with an exceptional custom wellness space featuring Sunlighten infrared sauna technology.

Experience a smooth natural flow as you integrate the design into your home and the sauna into your wellness routine. Sunlighten is the world leader in creating infrared saunas that look and feel amazing while maximizing the benefits to your body.

- Intense heat of traditional sauna, deep core sweat of infrared sauna
- Far infrared or full spectrum (near, mid and far infrared)
- Highest quality and quantity infrared available
- Sunlighten patented SoloCarbon® far infrared, proven 99% effective
- Turnkey services from design to delivery
- Sunlighten makes it easy for everyone
- Exceptional materials, sustainably-minded
- Made to your specifications and desires





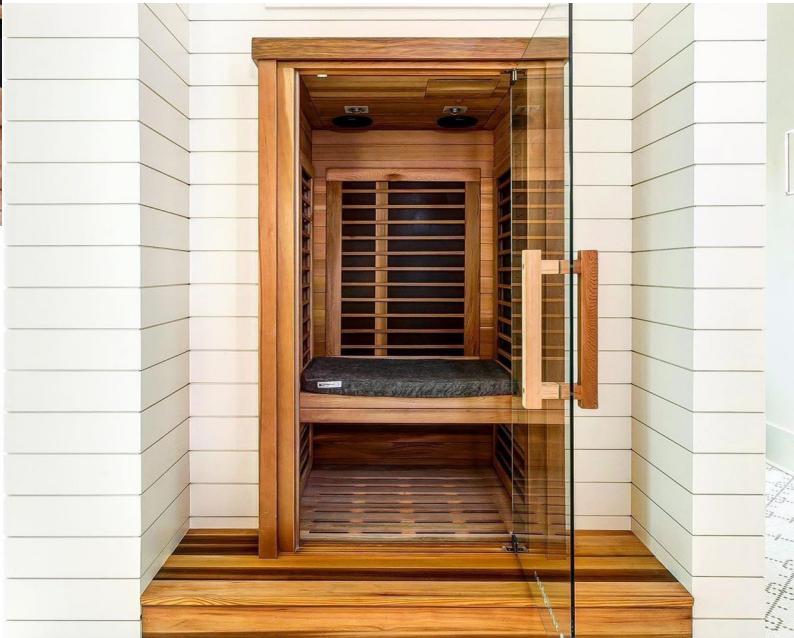
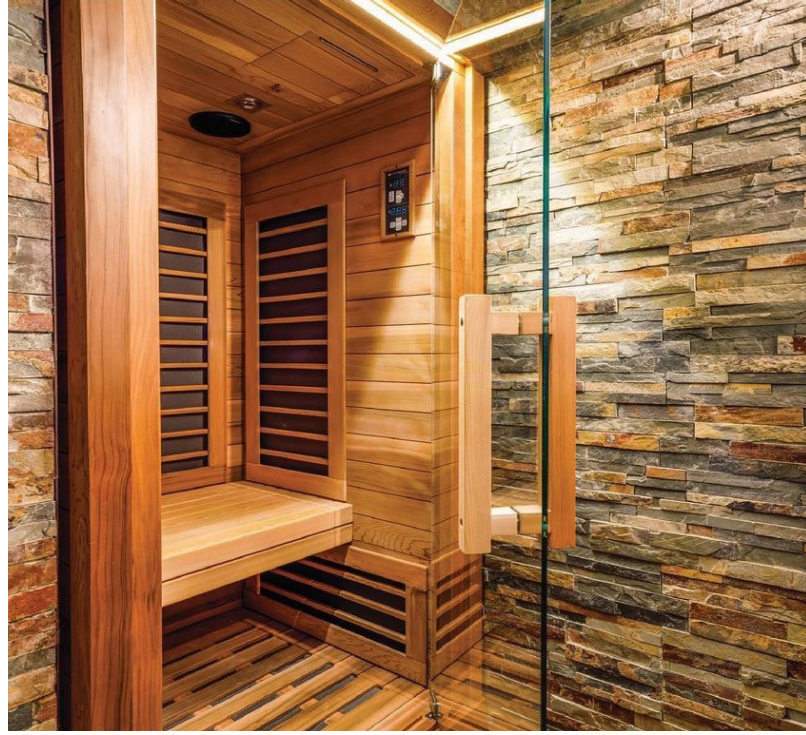
“Sunlighten is amazing! Really appreciate all of the help and extra coordination from Tracy to help build our custom saunas. The process has been so smooth, the product is stellar, the samples are fantastic, and customer service is unparalleled. No other sauna company has even come close in any regard. Thanks for making this so easy - I plan on using Sunlighten for every project moving forward.”

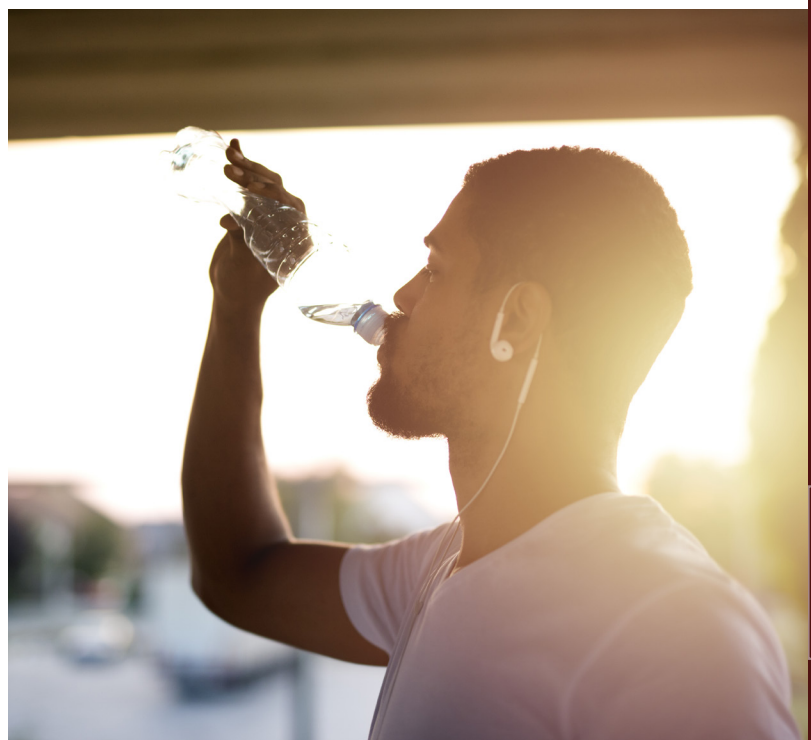
– Andrea A., Interior Designer

BEAUTIFUL +
BENEFICIAL



Create a place in your home
that makes you want to
take care of yourself.





HEALTH

HEALTH BENEFITS

Choosing an infrared sauna gives you a powerful wellness tool that helps the mind, body and spirit. Sunlighten's heating technology gives you options to sweat intensely with higher heat, or choose to let the infrared wavelengths do their work at more comfortable temperature levels.

Get maximum physical benefits of infrared wavelengths penetrating your body at the cellular level to help you stay healthy and active longer.

Detoxification

Infrared waves penetrate deep to eliminate toxins that accumulate and disrupt well-being from toxic heavy metals, drug residues, environmental toxicants, and hormone disruptors. Also supports lymphatic drainage and the body's detox systems.

Heart Health

Sunlighten's far infrared technology has been clinically proven to increase circulation like a passive cardio workout, and temporarily reduce both systolic and diastolic blood pressure.

Anti-aging

The near infrared LED light therapy panel helps stimulate cell growth and rejuvenate skin. Sweat also helps skin appearance as pores open from the deeper sweat induced by our infrared light therapy.

Muscle Recovery

Many professional athletes use Sunlighten saunas to recover from their training and injuries as infrared penetrates joints, improves flexibility, relieves muscle soreness, and aids in tissue regeneration.

Immunity

Infrared activates the immune system by raising core body temperature that mimics a fever. Sunlighten's infrared is proven to raise core body temperature three degrees.

Stress-relief and Relaxation

Sweat out stress, balance cortisol levels, relax muscles, and relieve tension throughout your body. Use your sauna time for meditation and increase the benefits even more.

Boost Metabolism, Aid Weight Loss

Increasing core body temperature affects circulation like cardio exercise, stimulates sluggish metabolism, and helps eliminate toxins that cause fat storage, making sauna a great support to weight management.

BENEFITS



feel better. do more. live fully.

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